

# **RENEWAL<sup>®</sup>**

## **Workout for Men**

*From Always Young*

*“improved my physique enough...  
to step up a whole weight class in the Nationals.”*

### **Jimmy Canyon**

2003 Junior Nationals / Overall Bodybuilding Champion

2003 USA Nationals / Middleweight Champion

2003 Nationals / Middleweight Champion

**T**hanks to Renewal HGH Workout for Men I improved my physique enough from November 2001 to July 2002 to step up a whole weight class in the Nationals. In November 2001 I placed eighth in the lightweight class and just eight months later I came in eighth in the middle class, competing against some of the best bodybuilders in the country. I owe a lot of my gains of lean mass to the Men's Workout Formula.

Taking the product twice a day, once in the morning and once before workout, improved my strength significantly and helped me improve in both size

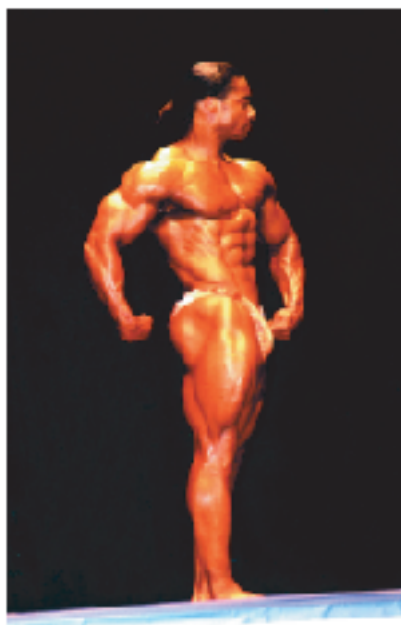


and thickness. It also reduced my recovery time and helped tremendously with muscle aches and the soreness in my joints

I recommend Always Young's Workout formula to all my clients. They not only see gains in lean mass faster than normal, the formula also helps them shed more fat than normal without taking stimulants like ephedrine!

Thank you Always Young, I will continue using your supplements and look forward to improving my physique even more with the help of your Workout Formula.

Jimmy Canyon  
Cincinnati, OH



### **Workout for Men**

- Boost Stamina
- Build Muscle
- Add Strength
- Increase Energy
- Improve Endurance
  - Reduce Fat
  - Re-hydrate Skin
  - Accelerate Healing
- Increase Protein Synthesis

