

RENEWAL[®]

WORKOUT

For Men
HGH / IGF-1

Specifically formulated to:

- Boost Stamina
- Build Muscle
- Add Strength
- Increase Energy
- Improve Endurance
- Reduce Fat
- Re-hydrate Skin
- Accelerate Healing
- Increase Protein Synthesis

Ingredients:

HGH
IGF-1
Growth Factors
Testosterone
Creatine Monohydrate
Trans-Ferulic Acid
Amino Acid Complex
L-Arginine Pyroglutamate
L-Carnitine
L-Glutamine
L-Isoleucine
L-Leucine
L-Valine
OKG
NADH
Hyaluronic Acid
Pituitarium
DHEA
Pregnenolone
Co-Enzyme A™
Ribose
Protease
Trypsin
Vitamin E
B Complex
Boron
Chromium
Germanium
Vanadium
Zinc Sulphate
Trace Minerals

Homeopathic - Oral Spray - FDA Registered



800-932-2576
www.AlwaysYoung.com

(See Other Side)

RENEWAL[®]

WORKOUT FOR MEN

BOOSTS

Strength
Endurance
Efficient Muscle Physiology
Ability to Reach Peak Performance
Mental Focus and Concentration
Recovery Time and Repair

FACILITATES

Uptake of Oxygen
Acceleration of Protein Synthesis
Increased Muscular Force
Generation of Cellular ATP
Creation of Muscle Connective Tissues
All phases of Krebs Cycle*

INGREDIENTS

HGH (somatotropin): 191 amino acid polypeptide, the *master* hormone, produced in the pituitary gland. Strongly supports amino acid uptake and synthesis of new proteins, promotes cell regeneration – growth and repair – in muscles, bones and organs, enhances the utilization of fat, energizes the immune system and supports the functioning of all organs and glands.

IGF-1: increases lean body mass, builds muscle, bone and nerves, and reduces fat. It assures the proper absorption of amino acids into the muscle cells, stimulates glucose (blood sugar) transport in the muscle tissue, and is able to slow the rate of protein breakdown.

Growth Factors (Elk Velvet Antler): naturally boosts testosterone and the production of growth factors, increases strength and endurance, slows fatigue and strengthens nerves.

Testosterone is highly anabolic, promoting the biosynthesis of protein. It builds strength and lean muscle mass, increases energy levels, speeds up metabolism (fat burning), strengthens bones, supports cardiovascular health, fortifies the central nervous system and enhances skin tone.

Pregnenolone: improves energy and motivation, reduces fatigue and stress, and increases mental acuity. It is a natural hormone the body uses to produce testosterone and DHEA.

DHEA: produced by the adrenal glands and converts to testosterone. Plays an important role in metabolism by inhibiting storage of dietary energy as fat.

Creatine Monohydrate is naturally occurring and is stored as energy in the muscle cells. It increases available instant energy, muscular strength, size and fullness, and improves endurance. It also replenishes ATP which diminishes muscle soreness, lactate build-up and fatigue.

Trans-Ferulic Acid functions like an anabolic steroid with natural muscle building (strength, size, definition) and fat burning properties. It improves endurance and performance, reduces fatigue and sensations of pain. Works in the release of growth hormone (HGH) and as a component of the Krebs cycle*.

Amino Acids: the basic building blocks of proteins and hormones necessary for the construction of muscles, bones and connective tissues. Aminos also form the neurotransmitters responsible for all brain function including focus and concentration, and are required for the proper utilization of vitamins and minerals.

L-Arginine Pyroglutamate: builds muscle, enhances fat metabolism and assists in the release of growth hormone.

L-Carnitine: is necessary for the conversion of stored fat into energy.

L-Glutamine: the most prevalent amino in muscle/skeletal tissue. Also prevalent in the brain for alertness and concentration.


L-Isoleucine, L-Leucine and L-Valine: the branch chain aminos (BCAA's), especially involved in protein synthesis, energy and muscle metabolism.

OKG (Ornithine alpha-KetoGlutarate): boosts strength and muscle size, promotes fat loss, decreases protein breakdown, assists in HGH release and is utilized in the Krebs Cycle*.

NADH: creates ATP that powers the muscles, heart, brain, nerves and cell repair — everything that needs power. Important element of the Krebs Cycle*.

Hyaluronic Acid: holds an incredible amount of water, lubricating the joints and cartilage to give them greater fluidity, weight-bearing and shock absorption.

Pituitarium: re-strengthens the pituitary gland to help it secrete growth hormone.

Coenzyme-ATM:  the most active metabolic enzyme. Must exist for the body to metabolize protein, fat and carbohydrates. Enhances performance, reduces build up of lactate, and facilitates the formation and repair of cartilage. It is the initiator of the Krebs Cycle*.

Ribose: used by all cells for the production of ATP. Naturally restores energy levels and reduces recovery time.

Protease: breaks down peptide bonds in protein. It thus frees amino acids during digestion so they can be absorbed and used by the body.

Trypsin: a type of protease used to curb inflammation, pain and stiffness, and speed recovery from injuries.

Vitamin E: supplies oxygen to the blood, strengthens the capillary walls and helps to limit cellular aging.

B Complex: essential for new cell growth and division, increasing metabolism of proteins, carbs and fats, and the maintaining of healthy skin and muscle tone.

Minerals: Boron assists with muscle building and absorption of calcium. Chromium balances blood sugar levels and promotes the rise of DHEA. Germanium increases transport of oxygen into the cells and helps balance the electrical field. Vanadium helps maintain blood glucose levels and stimulate muscle anabolism. Zinc is important in the metabolic process, for growth of body tissues, and is required for the production of testosterone.

***Krebs Cycle**: Metabolic process that creates at least 90% of the energy used to power the entire body. This energy is called ATP and is formed inside tiny power plants called mitochondria within each cell. The Krebs Cycle (a.k.a. ATP, TCA or Citric Acid cycles) formulates the cellular fuel (glucose + oxygen), ignites it so as to create the ATP, and then eliminates the waste products (CO₂ + Water).

Available through: